

# A Pandemic

There is a pandemic that has been sweeping across this nation. The first that comes to mind is COVID-19, but in this case our concern would be misplaced. This pandemic ultimately is more dangerous to our beloved Nation than the terrible disease we refer to as “covid”, which has brought deep tragedy into our hearts by steeling nearly 500,000 of us away from our loved ones.

This huge pandemic threat is something with which we are all far too familiar. It is called hate.

Hate divides and if we participate in its ideologies then we join with its destructive forces. Not just now in this time of what may be called a “cultural civil war”, but since people first experienced conflict.

At this time hate not only threatens individual’s lives and their livelihood, but it also threatens the stability and existence of this Nation upon which we all depend. All three-hundred and thirty-plus-million of us.

If allowed to get entrenched within our mind and heart hate will always lead us down a dark and destructive path. The more time we spend hating the more invested we become in the process, and the less likely we are to get free of its affects. Hate always consumes the positive potential of life.

Perhaps one of hates darkest aspects is it devours hope from the inside out. Essentially, it fakes us into participating in our own oppression, and with that base of self-accepted truth we then strike out in many ways to hurt others. There is a wisdom-saying that we all need to hear: “As a person thinks, so they become”.

People in this Nation have been fed a steady diet of hate by politicians, and perhaps most importantly the corporate media that is now a propaganda machine. Why? For the sake of power and money that feeds the ego of politicians and fills the coffers of “news” corporations who seek to grow their audience by leveraging hate as an attractor.

We the people must decide for ourselves who we are, and who we want to become. So many of us seek a greater meaning for our presence on this earth. Our tendency is to give our focus and time as we participate in some way doing anything we believe will fill our need for purpose, and help answer the question of “Why am I?”.

Please take note of what is happening to each of us who have invested in hating something, someone, or “those other people”. We are not only growing hate in ourselves and our children, we are destroying the foundation of our existence, and causing a pandemic of hate to tear large holes in the fabric of our Nation.

Conflict tares us apart, but healthy relationships can mend and make us stronger than we were before the conflict. Hate destroys, but love heals. We each get to make our choice which we will become.